

## **Personal, Social & Health Education (PSHE) OVERVIEW THEMES**

PSHE is a priority subject at our school and is taught as a specific lesson each week as well as being incorporated into everyday relationships alongside our school RESPECT values. The children call these their SCARF lesson.

SCARF provides the framework for a whole-school approach to improving children's wellbeing and progress, based on five values: safety (S), caring (C), achievement (A), resilience (R) and friendship (F)

SCARF's online resources support primary schools in promoting positive behaviour, mental health, wellbeing, resilience and achievement - giving them everything they need to meet health education and relationships education requirements.

### **School Overview**

	EYFS Reception	Year 1-6
AUT 1	Health & Wellbeing Healthy Lifestyles Ongoing: Bcyberwise	Health & Wellbeing Healthy Lifestyles Keeping safe Growing & changing Ongoing: Bcyberwise
AUT 2	Relationships: feelings & emotions	Healthy relationships
SPRING 1	Health & Wellbeing Healthy Lifestyles Ongoing: Bcyberwise	Feelings & emotions Ongoing: Bcyberwise
SPRING 2	Relationships: feelings & emotions	Valuing differences Belonging T: Y5 &6
SUMMER 1	Health & Wellbeing Healthy Lifestyles Ongoing: Bcyberwise	Living in the wider world: rules, rights and responsibilities Ongoing: Bcyberwise
SUMMER 2	Relationships: feelings & emotions	Living in the wider world: caring for the environment; money Belonging Toolkit- Y5&6